

ADULT SUPPORT SERVICES

 Website: Blueknot Provides telephone counselling, information and support for adult survivors of child abuse and referral to professionals and agencies. Provides workshops for survivors, family members, partners and friends. Professional development for health professionals is also available.	Phone 1800 737 732
 Website: Bravehearts Specialist case management, face to face counselling (QLD only) and telephone counselling in all states and territories for child and adult survivors, non-offending family members and friends engaging with the Royal Commission.	Phone 1800 272 831
 Website: Catholic Care Provide support and counselling services to people of any background or denomination. Specialist services include individual and relationship counselling, family support, disability and out-of-home care services.	Phone 13 18 19
 Website: Child Wise Trauma informed telephone and online counselling for childhood abuse. Training and organizational capacity building on child abuse prevention.	Phone 1800 991 099

 Website: Interrelate Counselling and support for those affected by institutional child sexual abuse and the work of the Royal Commission. Location in metropolitan, regional and rural NSW.	Phone 1300 134 924
 Website: knowmore.org.au Independent service giving free legal advice to assist survivors of institutional child sexual abuse.	Phone 1800 605 762
 Website: Lifeline National charity providing all Australians experiencing emotional distress with access to 24 hours crisis support and suicide prevention services. Exist so that no person in Australia has to face their darkest moments alone.	Phone 13 11 14
 Website: Mensline A national telephone and online support, information and referral service for men and family and relationship concerns.	Phone 1300 789 978
 Website: NASASV Comprehensive Australian directory on services for people seeking help, counselling and support for sexual assault and violence related issues	Phone (08) 9535 8263

 National Legal Aid Website: National Legal Aid For legal advice please contact your state or territory legal aid office.	Phone Individual State / Territory phone numbers listed on website
 1800RESPECT NATIONAL DOMESTIC FAMILY AND SEXUAL VIOLENCE COUNSELLING SERVICE 1800 737 732 Website: https://www.1800respect.org.au/ Is the national domestic, family and sexual violence counselling, information and support service. It is available for free, 24 hours a day, 7 days a week to support people impacted by domestic, family or sexual violence.	Phone 1800 737 732 or text 0458 737 732
 SURVIVORS & MATES SUPPORT NETWORK Website: samsn Facilitated groups and workshops for male survivors of childhood sexual abuse and their families.	Phone 1800 472 676
Victims Services Website: Victims Access Line Provides confidential support and information to victims of all crimes, including sexual and physical assault and domestic violence.	Phone 1800 633 063